

# The Future of Mental Health, Social Care and Wellbeing Services in Manchester

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# Strategic Commissioning

- Mental Health is a strategic transformation priority within the Manchester Health and Social Care Locality Plan, Manchester's devolution plan for health and social care:
  1. Mental Health Improvement Plan (MHIP)
  2. The One Team: A Place Based Model of Care' for community based care in the city
  3. Alignment of Manchester's mental health services with the Greater Manchester opportunities within the devolution agenda

# Manchester Locality Plan

The offer to be developed for the city through the Mental Health Improvement programme (MHIP)

The overarching approach to good mental health and wellbeing must take account of the needs of people, at their different stages of life and ensure that the services and support available to them is:

- Preventative, ideally avoiding the need for intervention from specialist practitioners by effective public health programmes in communities and workplaces
- Accessible at the times needed to prevent worsening of symptoms and especially to intervene early in crises.
- Integrated into the needs arising from and affecting physical health
- Responsive to need and 'recovery' focused ensuring people are supported and encouraged to return to active working lives, where relevant
- Clear in its pathways of care for all users of services through children's transition to adult services and pathways to more intensive and restrictive settings where necessary
- The 'system' then, needs to ensure that it is effective, efficient, based on 'best practice' and outcome

# Manchester Locality Plan

- By realigning investment to early intervention and proactive care
- The links between employment, wellbeing and mental health are well established therefore, access to therapeutic interventions at the right time are critical to keep people in or return to work.
- Priorities within locality plan:
  - First episode psychosis
  - Common Mental Health Problems
  - Rehabilitation
  - Acute Care
- One Team: integrating mental health support with primary care and Long Term condition services

# Mental Health Improvement Programme(MHIP) Delivery Model: Two approaches

## Sustainability

- The Trust Development Authority will lead a process in how to best secure the sustainability of the MMHSCT
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## Integration

- Living Longer, Living Better (LLLBB).
- MHIP pathways based on the 'One Team' design

# Mental Health Improvement Programme (MHIP)

- 17 mental health care pathways (developed following extensive engagement with patients and clinicians)
- CCG approved that the MHIP pathways will be the basis of how mental health services will be commissioned in the future
- How to deliver the MHIP (and any procurement related decisions) should only be agreed once all local solutions have been exhausted.

# Features of current and proposed service structure

## Current mental health system

- Service based model
- Where the patient has to fit to the service, and can spend unacceptable amount of time finding the right service to meet their needs
- CMFT deliver 16-17 yr. old mental health services
- MMHSCT deliver all adult and older adult MH services Inc. step 3 IAPT
- Rotherham, Doncaster, South Humber NHS Foundation Trust deliver 'early intervention in psychosis' service
- GMW deliver offender mental health service
- Self Help Services deliver step 2 IAPT service
- Calderstones deliver MH assessment and treatment services to people with a Learning Disability
- GMW and Pennine Care NHS Foundation Trusts deliver extra rehabilitation and acute care bed capacity

## Mental Health Improvement Programme (MHIP)

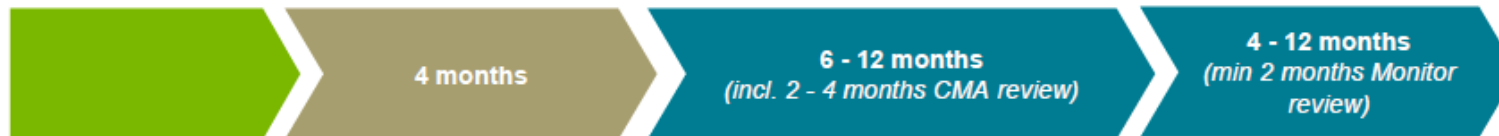
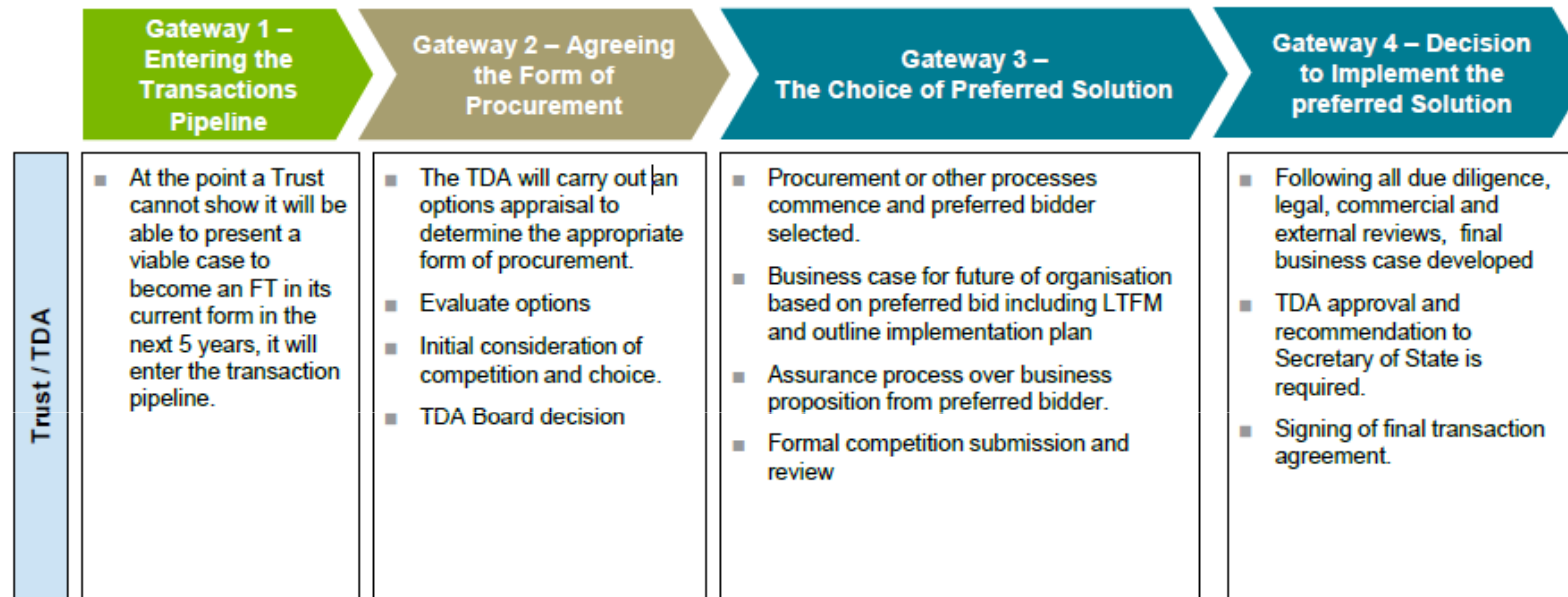
	Grouping	Specification	Main care clusters covered
a	Non – psychotic pathways	Depression	1,2,3,4,5,6,7
b		Anxiety	1,2,3,4,5,6,7
c		Obsessive-compulsive disorders	1,2,3,4,5,6,7
d		Common mental health problems with long-term physical problems	1,2,3,4,5,6,7
e		Post traumatic stress disorder, and panic disorders	1,2,3,4,5,6,7
f		Eating disorders	1,2,3,4,5,6,7
g		Personality disorders	8
h	Psychotic pathways	First episode psychosis	10
i		Acute crises (including management of section 136)	14, 15
j		Rehabilitation from psychotic illness, and longer term care	11,12,13, 17
k		Severe mental health problems with substance misuse	16
l	Organic pathways	Dementia	18, 19, 20, 21
m	Specialist liaison pathways	Maternal mental health	Any
n		Community-based forensic mental health services	Any
o		Mental health services for people with a learning disability	Any
p		Autism and ADHD in adults	None
q		Psychosexual services	None

# Example: Depression and Anxiety

- Psychological interventions offered in line with Improving Access to Psychological Programme(IAPT) – so there is an evidence base to the intervention offered to people.
- When referred, peoples' needs are triaged as effectively as possible so people get offered –
- The right psychological intervention for their difficulties
- Delivered in their neighbourhood
- A choice of provider for their recommended psychological intervention -NHS and Voluntary Community Sector (VCS)
- Quick access, so people can get the support they need as quick as possible so they can stay in work or maintain their relationships
- Recovery – improved outcomes for people

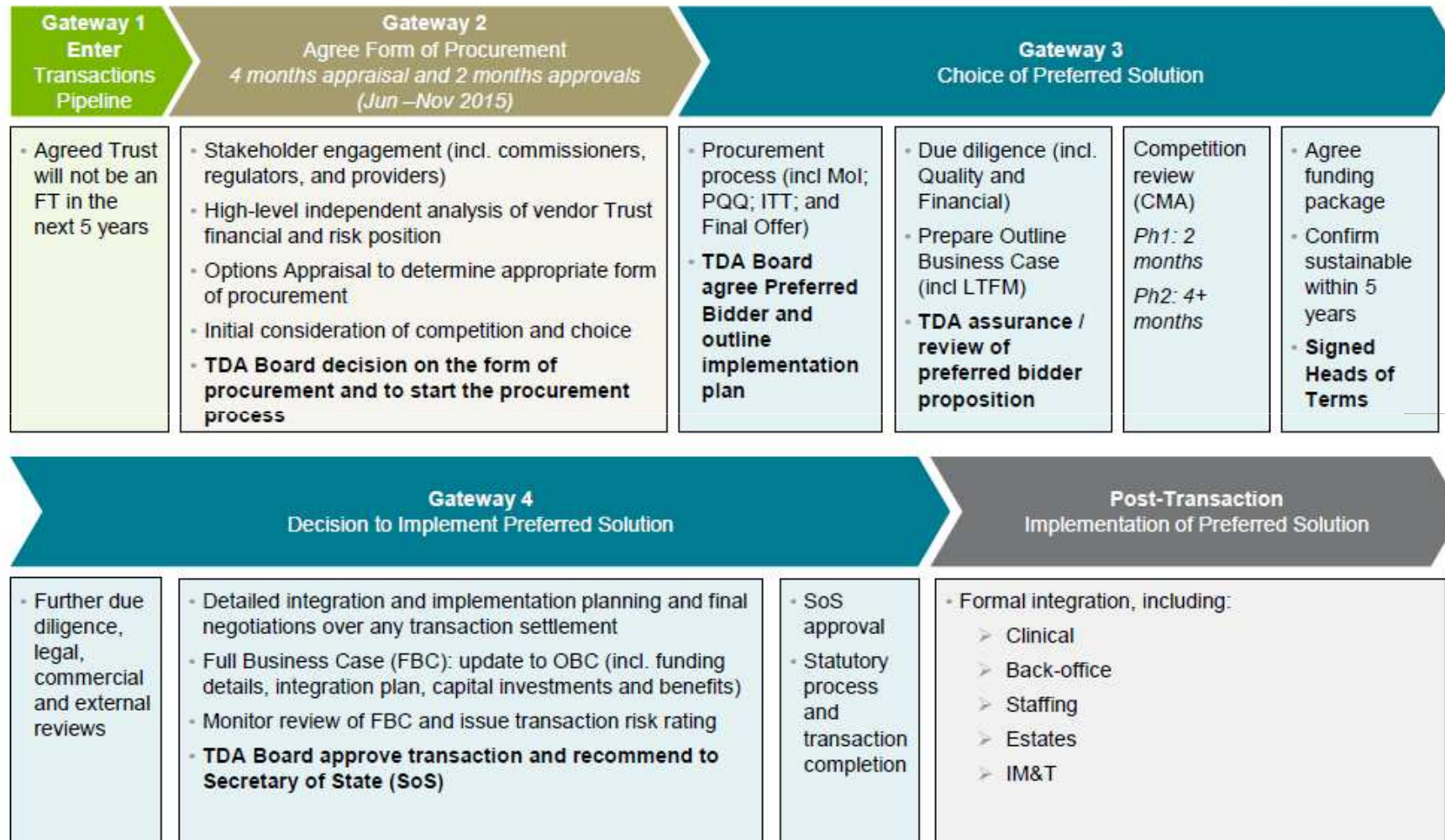


# TDA Gateway Process



Opportunity to fast track in some areas with the support of the regulators and Preferred Bidder

# Transactions requirements – Gateway process for transactions involving NHS FTs and NHS Trusts



Source: TDA 2014/15 Accountability Framework for NHS Trust Boards and Monitor guidance on transactions for NHS foundation trusts March 2015

# Proposed Service Bundles

Adult MH – Inpatients

Adult MH – PICU

Adult MH - Inpatient Rehab

Adult MH – CRHTs

Adult MH - A&E Liaison

Adult MH - Gateway

Adult MH – CMHTs

Adult MH - Community – Other

Adult MH –Outpatients

Later Life MH –Inpatients

Later Life MH – CMHTs

Later Life MH - Community & Day Care

Later Life MH – Outpatients

Psychological Services - Primary Care

Psychological Services – IAPT

Psychological Services – Other

Social Inclusion - Other (i.e. non-MCC)

Recovery & Connect / Community Support

Health & Wellbeing (incl Oral Care)

Alcohol Services

Mother & Baby

Prison Services

Research and Development

**NOTE: Teaching & training activity not considered a 'service line' but**

# The Commissioning Specification

- The Commissioning Specification is being developed on behalf of the three Manchester Clinical Commissioning Groups (CCGs), MCC – Social Care and Public Health, NHS England, The University of Manchester and the three Acute Trust's.
- All of the organisations commission health, social care and well-being services from Manchester Mental Health and Social Care Trust or work in partnership with them to undertake research and development
- CCG's intend to commit to current funding levels for local services for mental health in Manchester

# What is included in the Specification?

- The health and social care needs of the people in Manchester
- Information about the numbers of people who may be experiencing anxiety, depression, psychosis etc., at any one time in the city (Produced by Public Health England)
- Where are we now and where do we intend to be (Strategic context)
- National, Greater Manchester, Local
- National – Standards, such as access and waiting times for IAPT
- Greater Manchester – Mental Health Strategy, opportunities for economies of scale
- Local- Locality Plan, One Team- Place Based Care and Mental Health Improvement Programme..... – the link to good access, early intervention, improved outcomes for people, value for money, less fragmentation, placed based care.....

# What is included in the Specification?

- Current service specifications 2015/16
- Service specifications for 2016/17 Contract Year ( CCGs, MCC-Social Care and Public Health; NHS England – HMP Manchester, HMP Buckley Hall and NW Mother and Baby Unit, plus a range of Psychological Therapies for the 3 Acute Hospitals)
- Mental Health Improvement Programme (MHIP) Care Pathway Commissioning Specifications ( public engagement in 2013/14)
- Research + Development requirements for the bidders

# What is not included in the Specification

- Early Intervention Services provided by Rotherham, Doncaster and South Humber (RDASH) Foundation Trust
- Community Services for Mentally Disordered Offenders, provided by Greater Manchester West Foundation Trust
- Children and Adolescent Mental Health Services, provided by Central Manchester Foundation Trust
- A range of mental health and well-being services provided by Third Sector Providers (e.g. Psychological Therapies, Peer Advocacy, Housing Support, Independent Hospitals)

# Governance for the Trust Development Authority (TDA) Transaction

- TDA Transaction Board
- Sub-Groups , e.g. Clinical Quality Oversight Group, Finance, HR/Estates
- Aim is to provide stability within the Manchester Services during Transaction and Transition
- Alongside the transaction, Commissioners will continue working in partnership to implement the Locality Plan, One Team and parts of the Mental Health Improvement Programme (MHIP) Care Pathways which are under the scope of Manchester Mental Health and Social Care Trust (MMHSCT) and priority areas of the locality plan



# Thank- you

- Any Questions?